Britain's 250 best private doctors 3 Rulling Bulling Bull



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# Britain's 250 best private doctors

With expert advice from a panel of distinguished private GPs, we've compiled a new guide to the 250 best private doctors, medical practitioners and complementary therapists in the UK.

This is the third edition of *Tatler*'s guide to private doctors. The response to the first two, from patients and practitioners, was overwhelming, so this year we've made it bigger, better and more accessible. We've divided it into 32 categories, from allergies to veins, with complementary therapists in a separate, expanded section at the end. And, for the first time, we've included the best teeth specialists, including cosmetic dentists and orthodontists. Each doctor's listing includes the address where they see most of their private patients and a phone number for appointments.

British doctors are among the best in the world, but patients increasingly face choices about their healthcare. Should you go to the local hospital or a Harley Street clinic? Use conventional drugs or homeopathy? Acupuncture or IVF? You select your children's schools and where you live, eat and go on holiday; we want to help you make an informed choice about who treats you when you're ill.

File this guide somewhere safe. These are the doctors' doctors – the experts and pioneers in their fields. We're confident you'll be in good hands.

Editor Alice Rose



Cover photograph by Catherine Louis. Styled by Antonia Whyatt. Make-up by Tatyana Makarova at Judy Casey

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### COMPLEMENTARY

Acupuncture Silvio Andrade Andrade, a general

acupuncturist, treats everyone from sufferers of depression to people going through chemotherapy. He specialises in getting patients ready for IVF. rebalancing the body's energy and preparing it for the chemicals involved in the treatmen Many of his patients get pregnant without IVF: 'Sometimes fertility problems are caused by stress - I work with the emotional side,' he says. The Vitality Centre. Alexander House, 155 Merton Road, 5W18 77 020 8871 4677

# Karen Cohen

Cohen regularly combines acupuncture with neurolinguistic programming to treat emotional and creative blocks. She treats all general health problems and specialises in fertility issues, pregnancy and induction of labour. Her former career in law enables her to link the philosophies and practices of East and West: she is particularly good at demystifying the treatments she uses. Mealth Doctors.

4 Duke Street, WI

T 020 7224 2423

### Emma Cannon

distress,' says this

but specialises in

and related areas.

77 020 8969 5262

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acupuncturist. He uses a

combination of Chinese

herbs and acupuncture

to treat most conditions

infertility, IVF preparation

55 Oxford Gardens

Cannon runs the complementary side at the Westover House Fertility Clinic, offering IVF support and acupuncture, as well as nutritional advice and emotional care. She sees couples going through IVF who have

## Robert Ogilvie

'My reputation is based on treating the cause of disease, be it emotional. physical or the spirit in distress,' says this acupuncturist. He uses a combination of Chinese herbs and acupuncture to treat most conditions but specialises in infertility, IVF preparation and related areas 55 Oxford Gardens.

WIO

**22** 020 8969 5262

Brunswick Place, NW1 T 020 7935 7848

### Robert Ogilvie My reputation is based on treating the cause of

disease, be it emotional. physical or the spirit in

and rejuvenating treatment programme which is based on facial acupuncture. 51 Paddington Street, WI T 020 7224 6088

alternative anti-ageing

# Mark Fenwick

Ferwick specialises in addiction and compulsive disorders including sex, gambling, alcohol and drugs. He also works with couples who have relationship issues. Much of his business. comes from previous clients' referrals and he has strong links with treatment centres here and abroad. Mark Fenwick Consultancy, 38 King's Road, SW3 77 020 7581 3344

Brendan Quinn Director of 1-1 Detax. Ouinn was the first person. in Europe to offer tailor-made alcohol and drug addiction treatment in the client's own home. A clinical nurse moves in until the end of the treatment and it's an ultra-discreet service. TO 0845 658 5729

### John Stewart

Psychologist and psychotherapist Stewart treats anxiety, eating and personality disorders. relationship problems and addictions. He says: Some individuals are likely to have genetic predispositions to addiction - they just have a lower threshold in tolerating emotions." 3 Basil Street, SW3

77 07884 312842